

# DON'T NEGLECT YOUR CARE

**BECAUSE YOU CAN'T PAUSE A HEART**

Despite these difficult times, if you have a known heart condition, continue attending your appointments and tests as well as taking your medication properly.

**CONTROL SYMPTOMS**

**AVOID FLARES**

**PREVENT  
ADDITIONAL  
DAMAGE TO  
YOUR HEART**



Go to [www.cantpauseaheart.org](http://www.cantpauseaheart.org)  
for more information

